

November 2022



Tuesday 11/1

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance with Activity Dept)
1:30 -Bingo-AR
3:00 -Wii Bowling-AR

Wednesday 11/2

9:30 - Morning Strollers Walking Club -SLR
-(Resident Led Hallway Walking)
11:00 - Menu Planning with Bud-AR
2:00 -Live Well Health Topics with Legacy Healthcare Services-AR
3:00 - Audio Book Club-AR

Thursday 11/3

11:00 -Learning and Growing Spiritually with Chris Morgan -AR
1:30 -Bingo-AR
3:00 -ROCK-N-CHAIR Fitness with King Goslin-AR

Friday 11/4

9:30 - Morning Strollers Walking Club-SLR
-(Resident Led)
1:30-Crafts with Rebecca & Robyn-AR
-(Turkey Fridge Magnets)

Saturday 11/5

-Residents Choice-Games, Cards, Movies Available-AR

Sunday 11/6

-Worship Service of Choice
4:00 -Vespers with Hugh Elliott-AR

Monday 11/7

9:30 - Morning Strollers Walking Club-SLR
-(Resident Led Hallway Walking)
10:00 -Exercise with Legacy Healthcare-AR
2:00 -Music and Sing-a-long with Nancy Larkin-AR

Tuesday 11/8

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance with Activity Dept)
1:30 -Bingo-AR
3:00 -Let's Go Vote in the General Election
-(Sign Up in Advance with Activity Dept.)

Wednesday 11/9

9:30 -Morning Strollers Walking Club -SLR
-(Resident Led Hallway Walking)
1:30 -Audio Book-AR

Thursday 11/10

11:00 -Learning and Growing Spiritually with Chris Morgan -AR
1:30 -Bingo-AR
6:00 -Music with John Crowder-AR

Friday 11/11

9:30 -Morning Strollers Walking Club-AR
-(Resident Led Hallway Walking)
11:00 - Poetry Reading with Aheville Community Theatre Autumn Players-AR
12:00 -Veterans Day Luncheon
1:30 -Native Storyteller Terry Shinn-AR

Saturday 11/12

-Residents Choice-Games,Cards,Movies Available-AR

Sunday 11/13

-Worship Service of Choice
3:45 -Vespers with Hugh Elliott-AR
-"Music By The Rededden Children"

Monday 11/14

9:30 - Morning Strollers Walking Club-SLR
-(Resident Led Hallway Walking)
10:00 -Exercise with Legacy Healthcare-AR
3:00 -Reaching Out To Voters Through Post Card Art with Maggie Richards-AR

Tuesday 11/15

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance with Activity Dept.)
1:30 -Bingo-AR
3:00 -Wii Bowling-AR

Wednesday 11/16

9:30 -Morning Strollers Walking Club -AR
-(Resident Led Hallway Walking)
10:00 Audio Book-AR
1:30 -Let's Visit the Local Library
-(Sign Up In Advance with Activity Dept.)

Thursday 11/17

11:00 -Learning and Growing Spiritually with Chris Morgan -AR
1:30 -Bingo-AR
3:00 -ROCK-N-CHAIR Fitness with King Goslin-AR

Friday 11/18

9:30 -Morning Strollers Walking Club-SLR
-(Resident Led Hallway Walking)
2:00 -Music and Sing-a-long with Jim & Margie Haaga-AR

Saturday 11/19

-Residents Choice-Games, Cards, Movies Available-AR

Sunday 11/20

-Worship Service of Choice
3:45 -Vespers with Hugh Elliott-AR
-(Music By Allen & Lilly Shelley)

Monday 11/21

9:30 -Morning Strollers Walking Club-SLR
-(Resident Led Hallway Walking)
10:00 -Exercise with Legacy Healthcare-AR
1:30 -Old-Time Radio Favorites-AR

Tuesday 11/22

9:30 -Ingles Grocery Shopping Trip
(Sign Up In Advance with Activity Dept.)
1:30 -Bingo-AR
3:00 -Wii Bowling-AR

Wednesday 11/23

9:30 -Morning Strollers Walking Club -SLR
-(Resident Led Hallway Walking)
10:00 -Thanksgiving Reminisce-SLR
-(Resident Led)
1:30 -Audio Book-AR

Thursday 11/24

-Happy Thanksgiving

Friday 11/25

9:30 -Morning Strollers Walking Club-AR
-(Resident Led Hallway Walking)
1:30 -Movie Matinee-AR

Saturday 11/26

-Residents Choice-Games, Cards, Movies Available-AR

Sunday 11/27

-Worship Service of Choice
4:00 -Vespers with Hugh Elliott-AR

Monday 11/28

9:30 -Morning Strollers Walking Club-SLR
-(Resident Led Hallway Walking)
10:00 -Exercise with Legacy Healthcare-AR
1:30 -Old-Time Radio Favorites-AR

Tuesday 11/29

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance with Activity Dept.)
1:30 -Bingo-AR
3:00 -Wii Bowling-AR

Wednesday 11/30

9:30 -Morning Strollers Walking Club-SLR
-(Resident Led Hallway Walking)
12:00 -Resident Birthday Celebration-DR
1:30 -Audio Book-AR

**For Further Information
Contact Donna Cole at
689-7982**

**Activities Subject to
Change**

November Birthdays
11/7 -Bob Krueger
11/11 -Ivadine McDaniel
11/16 Carolyn Doepner
11/20 Glenn Howell
11/21 -Pauline Lawing
11/25 -Irma Higgins
11/30 -Jackie Quesenberry

AR-Activity Room
DR-Dining Room
P-Patio
SLR-Second Floor Living Room
TLR-Third Floor Living Room

