

September 2023

Friday 9/1

9:30 -Walmart Shopping Trip
-(Sign Up in Advance in Notebook in Mailroom)
1:30 -School Days Reminisce & Occupation Story Circle with refreshments-P
3:00 -Scrabble-AR

Saturday 9/2

-Residents Choice-Games, Cards, Movies Available-AR
1:30 -Movie Matinee-AR
-(Netflix)

Sunday 9/3

-Worship Service of Choice
4:00 -Vespers with Hugh Elliott-AR

Monday 9/4

-Labor Day
Residents Choice-Games,Cards, Movies Available-AR
2:00 -Music and Sing-a-long with Nancy Larkin-AR

Tuesday 9/5

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance in Notebook in Mail Room)
1:30 -Bingo-AR
3:00 -Wii Bowling-AR

Wednesday 9/6

9:30 -Morning Strollers Walking Club with Legacy Healthcare-SLR
10:00 -Balance Class with Legacy Healthcare-AR
11:00 -Menu Planning with Bud-AR
2:00 - Livewell Health Topics with Legacy Healthcare-AR
-(Safety In Motion)
3:00 -Audio Book-AR

Thursday 9/7

10:00 -Balloon Volleyball-AR
11:00 -Learning and Growing Spiritually with Chris Morgan -AR
1:30 -Bingo-AR
3:00 -ROCK-N-CHAIR Fitness with King Goslin-AR
6:00 -Front Porch Pickin' with Don & King-AR

Friday 9/8

9:30 -Morning Strollers Walking Club-AR
10:00 -Our Universe-AR
-Narrarted By: Morgan Freeman
-(Turning Seasons)
11:00 -Poetry Reading with Asheville Community Theatre Autumn Players-AR
1:30 -Crafts-AR
-(God's Eye)
3:30 Name That tune-AR

Saturday 9/9

-Residents Choice-Games, Cards, Movies Available-AR
1:30 -Movie Matinee -AR
-(Netflix)

Sunday 9/10

-National Assisted Living Week
-(10th -16th)
-Worship Service of Choice
2:00 -Celebrating Grandparents Day and Kicking-Off National Assisted Living Week with Family and Ben & Jerry's Ice Cream-P
(Entertainment By Racheal & The Tuesday Boys)
4:00 -Vespers with Hugh Elliott-AR

Monday 9/11

9:30 - Morning Strollers Walking Club-SLR
10:00 -Ageless Grace Chair Exercise with Ferebe Conchar-AR
11:00 -Come Visit Dakota the Therapy Dog-AR
1:30 -Resident Council Meets-AR
3:00 -Reaching Out To Voters Through Post Card Art with Maggie Richards-AR

Tuesday 9/12

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance in Notebook in Mail Room)
1:30 -Bingo-AR
3:00 Wii Bowling-AR

Wednesday 9/13

9:30 - Morning Strollers Walking Club with Legacy Healthcare-SLR
10:00 -Balance Class with Legacy Healthcare-AR
10:30 -Mars Hill United Methodist Church Virtual Service-AR
-(From Sunday September 10th)
2:00 -Door Decorating with Legacy Healthcare-AR
3:00 -Audio Book-AR

Thursday 9/14

10:00 -Balloon Volleyball-AR
11:00 -Learning and Growing Spiritually with Chris Morgan -AR
1:30 -Bingo-AR
3:00 -Show-and-tell-AR
-(Share an Object, Photograph or Story of a Happy Memory)
6:00 -Music with John Crowder-AR

Friday 9/15

9:30 -Morning Strollers Walking Club-AR
10:00 -Fiddler Jack Womack -AR
12:00 -National Assisted Living Week Cookout-DR
-(Entertainment By Sherilyn)
2:30 -Resident Art & Craft Show-AR
(Come Showcase Your Works)

Saturday 9/16

-Residents Choice-Games,- Cards,Movies Available-AR
1:30 -Movie Matinee-AR
-(Netflix)

Sunday 9/17

-Worship Service of Choice
3:45 -Vespers with Hugh Elliott-AR
-(Music with Allen & Lilly Shelley)

Monday 9/18

9:30 -Morning Strollers Walking Club-SLR
10:00 -Strength Training-AR
11:00 -Words in Words Game-AR
1:30 -Bingo-AR
3:00 -Wii Bowling-AR

Tuesday 9/19

-*Last Day to Sign Up for MHU Football Game*
9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance in Notebook in Mail Room)
2:00 -Music with Jim & Margie Haaga-AR

Wednesday 9/20

9:30 - Morning Strollers Walking Club-SLR
10:00 - Balance Class with Legacy Healthcare-AR
10:30 -Mars Hill United Methodist Church Virtual Service-AR
-(From Sunday September 17th)
1:30 -Let's Visit the Local Library
-(Sign Up in Advance in Notebook in Mailroom)
3:00 -Audio Book-AR

Thursday 9/21

10:00 -Balloon Volleyball-AR
11:00 -Learning and Growing Spiritually with Chris Morgan-AR
1:30 -Bingo-AR
3:00 Meditative Coloring-AR

Friday 9/22

9:30 -Morning Strollers Walking Club-SLR
10:00 -Blind Food Tasting Game-AR
1:30 -Mars Landing Gallery and Ice Cream at Meadow Sweet Creamery
-(Sign Up in Advance in Notebook in Mailroom)
3:30 Laughter is the Best Medicine-AR

Saturday 9/23

-Residents Choice-Games,- Cards,Movies Available-AR
12:15 Mars Hill University Football Game: MHU vs Barton
(Sign Up in Advance in Notebook in Mailroom)
-*Deadline for Sign Up was September 19th*
1:30 -Movie Matinee-AR
-(Netflix)

Sunday 9/24

-Worship Service of Choice
4:00 -Vespers with Hugh Elliott-AR

Monday 9/25

9:30 -Morning Strollers Walking Club-SLR
10:00 -Ageless Grace Chair Exercise with Ferebe Conchar-AR
11:00 -Cornhole-AR
1:30 -Scrabble-AR

Tuesday 9/26

9:30 -Ingles Grocery Shopping Trip
-(Sign Up In Advance in Notebook in Mail Room)
1:30 -Bingo-AR
3:00 Wii Bowling-AR

Wednesday 9/27

9:30 - Morning Strollers Walking Club-SLR
10:00 -Balance Class with Legacy Healthcare-AR
10:30 -Mars Hill United Methodist Church Virtual Service-AR
-(From Sunday September 24th)
12:00 Resident Birthday Celebration-DR
2:00 -New Resident Orientation-AR
3:00 -Audio Book-AR

Thursday 9/28

10:00 Balloon Volleyball-AR
11:00 -Learning and Growing Spiritually with Chris Morgan -AR
1:30 -Bingo-AR
3:00 -ROCK-N-CHAIR Fitness with King Goslin-AR
6:00 -Front Porch Pickin' with Don & King-AR

Friday 9/29

9:30 -Morning Strollers Walking Club-SLR
10:00 -Mars Hill Errand Run
-(Sign Up in Advance in Notebook in Mailroom)
1:30 -Scenic Drive
-(Sign Up in Advance in Notebook in Mailroom)
3:30 Where Are You-AR

Saturday 9/30

-Residents Choice-Games,- Cards,Movies Available-AR
1:30 -Movie Matinee-AR
-(Netflix)

**Need More Information
Contact Donna Cole
at 689-7982**

Activities Subject to Change

**September Birthdays
9/5 Sam Tucker
9/6 Bill Gray
9/7 Eloise Howell
9/11 Helen Mahy
9/21 Joan Stafford**

**Directory
AR-Activity Room
DR-Dining Room
P-Patio
SLR-Second Floor Living Room
TLR-Third Floor Living Room**